



Bett Padgett

AT THE END OF THE DAY

Release date: October 5, 2017

Ceilidhe's Music | CM 1708

Much like what we seek **At the End of the Day**, Bett's eighth studio album of the same title is characterized by a gentle feeling of peace and calm. This tranquility is entwined all throughout the album. Her rich, warm voice welcomes the listener as if to invite them to sit for the entirety of this lovely collection of well-crafted and beautifully arranged songs. You may sense that she is singing to an audience of one.

Bett's belief of strength in family is prevalent in this CD. Unity of family and fellowship while facing issues in today's world contribute to our understanding of ourselves. These are common themes throughout the album. Whether it be vacationing as in *At the Beach* or baking Christmas cookies with mom as in *The Christmas Cookie Cutters*, Bett's story songs evoke memories and are personalized by the listener. Songs speak of long and strong friendship as in *Farther Than Far* which shows the power Bett feels for close relationships. *This Old Love of Ours* is a beautiful waltz that speaks of love's survival through decades of marriage. Bett searches for answers in *What If There Was One Religion?* She explores the possibilities of what the world would be like with only one universal faith. In the title track she ponders what it is like to live with homelessness and needs. Her humility and gratitude is evident in this title cut. Predominantly the song subjects are about steadfast and loving relationships and commitment which Bett values greatly.

Bett plays guitar, high-strung guitar, banjo, mandolin, mandola and harp on this new CD which was produced by Chris Rosser at Hollow Reed Studio in Asheville. Her music is melodic and arrangements are light with only a bass, fiddle, piano and/or cello on most songs, just enough to complement Bett's own instruments and voice. Chris himself plays guitar, bass guitar, piano, dotar, and keyboard as well as lending his smooth vocal harmonies on several songs. Eliot Wadopian plays upright bass, River Guerguerian on percussion. These three musicians together form a band called "Free Planet Radio" and tour internationally playing a combination of world/jazz and pop infused music. Josh Goforth on fiddle plays regularly with North Carolina folk and folklore musician David Holt and Laura Boosinger. The addition of these four consummate musicians/performers is a perfect blend for Bett's music.

Bett has taught music in Raleigh, NC since 1978. A multi-instrumentalist, she enjoys sharing her knowledge of many instruments. She challenges herself by playing guitar in various tunings with partial capos in different positions. **At the End of the Day** is her eighth release on her Ceilidhe's Music label. She has hosted a world renowned house concert series (Little Lake Hill House Concerts) in Raleigh since 2000 bringing musicians from around the globe to entertain audiences in the central part of North Carolina.

www.bettpadgett.com

Kari Estrin Management/Promotion | kari@kariestrin.com | 615.262.0883